

## **Youth Bill of Rights**

- 1. Kids / Adolescents have the right to be who they are.*
- 2. Kids / Adolescents have the right to be loved.*
- 3. Kids / Adolescents have the right to be cared for when they are sick and well.*
- 4. Kids / Adolescents have the right to be safe and protected.*
- 5. Kids / Adolescents have the right to defend themselves when they are hurt.*
- 6. Kids / Adolescents have the right to want and get attention and affection.*
- 7. Kids / Adolescents have the right to be respected.*
- 8. Kids / Adolescents have the right to make mistakes.*
- 9. Kids / Adolescents have the right to get guidance from others.*
- 10. Kids / Adolescents have the right to learn from others.*
- 11. Kids / Adolescents have the right to ask questions.*
- 12. Kids / Adolescents have the right to have feelings.*
- 13. Kids / Adolescents have the right to say yes and no.*
- 14. Kids / Adolescents have the right to choose what they like and don't like.*
- 15. Kids / Adolescents have the right to agree and disagree with others.*
- 16. Kids / Adolescents have the right to be with others sometimes.*
- 17. Kids / Adolescents have the right to be alone sometimes.*
- 18. Kids / Adolescents have the right to be different and unique.*
- 19. NO ONE HAS THE RIGHT TO PHYSICALLY HURT YOU.**

20. *NO ONE HAS THE RIGHT TO SEXUALLY HURT YOU.*